

Tehrik of Prayers and Worship

In the Friday Sermon of 27th May 2005, our beloved Huzur أيده الله تعالى بنصره العزيز addressed the Jama'at on the divine establishment of Khilafat. Huzur أيده الله تعالى بنصره العزيز requested the members of the Jama'at to engage in worship and prayers in light of the impending Ahmadiyya Khilafat Centenary in 2008. Huzur أيده الله تعالى بنصره العزيز enjoined us to say two Nawafil prayers on a daily basis for the progress of the Community and to observe one Nafl (Optional) fast each month with the intention that Allah continues to bless us with the institution of Khilafat

1. Recite Surah Al Fatiha seven times daily, reflecting over it so that you are saved from trials, disorder and dajl (Antichrist).

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ. اَلْحَمْدُ لِلّٰهِ رَبِّ الْعٰلَمِیْنَ. الرَّحْمٰنِ الرَّحِیْمِ. مَا لِكِ یَوْمَ الدِّیْنِ. اِیَّاكَ نَعْبُدُ وَاِیَّاكَ نَسْتَعِیْنُ.
اِهْدِنَا الصِّرَاطَ الْمُسْتَقِیْمَ. صِرَاطَ الَّذِیْنَ اَنْعَمْتَ عَلَیْهِمْ. غَیْرِ الْمَغْضُوْبِ عَلَیْهِمْ وَلَا الضَّالِّیْنَ.

“In the name of Allah the Gracious, the Merciful. All praise belongs to Allah, Lord of all the worlds, The Gracious, the Merciful, Master of the Day of Judgement. Thee alone do we worship and Thee alone do we beseech for help. Guide us to the right path, The path of those upon whom Thou hast bestowed Thy blessings, but not those who have incurred Thy displeasure, nor of those who have gone astray.”

2. Recite the following prayer abundantly.

رَبَّنَا اَفْرِغْ عَلَیْنَا صَبْرًا وَثَبِّتْ اَقْدَامَنَا وَانصُرْنَا عَلَی الْقَوْمِ الْكٰفِرِیْنَ.

“O our Lord, pour forth steadfastness upon us, and make our steps firm, and help us against the disbelieving people.”
(Surah Al Baqarah verse 251)

(11 Times Daily)

3. A prayer that is most significant in keeping hearts straight. Hadhrat Nawab Begum Sahiba saw in a vision that the Promised Messiah عليه السلام enjoined reciting it abundantly:

رَبَّنَا لَا تَزِغْ قُلُوْبَنَا بَعْدَ اِذْ هَدَيْتَنَا وَهَبْ لَنَا مِنْ لَدُنْكَ رَحْمَةً. اِنَّكَ اَنْتَ الْوَهَّابُ.

“Our Lord, let not our hearts become perverse after Thou hast guided us; and bestow on us mercy from Thyself; surely, Thou alone art the Bestower.”

(33 Times Daily)

4. Also the prayer:

اَللّٰهُمَّ اِنَّا نَجْعَلُكَ فِیْ نُحُوْرِهِمْ وَنَعُوْذُ بِكَ مِنْ شُرُوْرِهِمْ.

“O Allah! We make You a shield against the enemy and we seek Your protection against their evil designs.”

(11 Times Daily)

5. Huzur أيده الله تعالى بنصره العزيز enjoined to profusely engage in Istaghfar; to recite:

اَسْتَغْفِرُ اللّٰهَ رَبِّيْ مِنْ كُلِّ ذَنْبٍ وَّاَتُوْبُ اِلَيْهِ.

“I beg pardon of Allah, my Lord, for all my sins and I turn to Him.”

(33 Times Daily)

6. Huzur أيده الله تعالى بنصره العزيز enjoined to recite “Salat un Nabi” (Durood Sharif) abundantly, he said each Ahmadi should pay particular attention to this in the next three years:

اَللّٰهُمَّ صَلِّ عَلَیْ مُحَمَّدٍ وَّعَلَىٰ اٰلِ مُحَمَّدٍ كَمَا صَلَّيْتَ عَلَیْ اِبْرٰهِيْمَ وَّعَلَىٰ اٰلِ اِبْرٰهِيْمَ اِنَّكَ حَمِيْدٌ مُّجِيْدٌ.

اَللّٰهُمَّ بَارِكْ عَلَیْ مُحَمَّدٍ وَّعَلَىٰ اٰلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَیْ اِبْرٰهِيْمَ وَّعَلَىٰ اٰلِ اِبْرٰهِيْمَ اِنَّكَ حَمِيْدٌ مُّجِيْدٌ.

O Allah, bless Muhammad and his people, as Thou didst bless Abraham and his people- Thou art indeed the Praiseworthy, the Exalted
O Allah, prosper Muhammad and his people, as Thou didst prosper Ibraheem and his people -- Thou art indeed the Praiseworthy, the Exalted.

In addition Huzur أيده الله تعالى بنصره العزيز enjoined to say two nawafil prayers everyday for the progress of the Community....and to keep one nafl (optional) fast each month with the intention that may Allah keep the Ahmadiyya Khilafat established forever. Insh'Allah.